

## WIDECOMBE-IN-THE-MOOR

**Primary School** 



# **School Lunch Menu**

# **Week One**

W/C - 19/04, 10/05, 07/06, 28/06, 19/07

## Monday

- ♦ Home Made Cheese & Tomato Pizza with Potato Wedges
- ♦ Quorn, Bean & Tomato Enchilada

Served with Sweetcorn or Veg Sticks

♦ Bananas & Custard

#### **Tuesday**

- ♦ Beef Bolognese with Pasta
- ♦ Vegetarian Lasagne

Served with Cauliflower or Peas

**♦** Berry Flapjack

#### Wednesday

- ♦ Roast Chicken with Roast or Mashed Potatoes
- ♦ Cauliflower & Broccoli Cheese with Roast or Mashed Potato Served with Carrots & Green Beans
- ♦ Vanilla Ice Cream & Strawberry Jelly

### **Thursday**

- ♦ Sweet & Sour Chicken with Rice
- ♦ Creamy Broccoli & Sweetcorn Pasta

Served with Carrots or Sweetcorn

♦ Chocolate and Vanilla Marble Cake

### **Friday**

- ♦ Fish Fingers\* with Chips or Pasta
- ♦ Bean Burger with Chips or Pasta

Served with Baked Beans or Peas

♦ Home Made Biscuit and Milk

# **Week Two**

W/C - 26/04, 17/05, 14/06, 05/07

## Monday

- ♦ Beef Burger in a Bun with Pasta Salad
- ♦ Veggie Burger in a Bun with Pasta Salad

Served with Peas or Veg Sticks

**♦ Chocolate Crispy** 

#### Tuesday

- **♦ BBQ Chicken with Roasted New Potatoes**
- ♦ Cheesy Ratatouille Bake with Roasted New Potatoes
  Served with Sweetcorn or Veg Sticks
- **♦ Carrot Cake**

## Wednesday

- ♦ Roast Pork with Roast or Mashed Potatoes
- ♦ Veggie Roast with Roast or Mashed Potatoes

Served with Carrots & Broccoli

♦ Chocolate Ice Cream & Shortbread

## **Thursday**

- ♦ Mild Chilli Con Carne with Rice
- **♦ Quorn Bolognese with Spaghetti**

Served with Green Beans or Veg Sticks

♦ Steamed Fruit Pudding and Custard

## Friday

- ♦ Battered Fish\* with Chips or Pasta
- **♦ Quorn Sausage with Chips or Pasta**

Served with Baked Beans or Peas

♦ Home Made Biscuit and Milk

# **Week Three**

W/C - 03/05, 24/05, 21/06, 12/07

## Monday

- **♦ Macaroni Cheese**
- **♦ Vegetable Burrito**

Served with Sweetcorn or Broccoli

**♦ Chocolate Brownie** 

## Tuesday

- ♦ Creamy Chicken & Sweetcorn Pie with Mashed Potato
- **♦ Thai Sweet Potato Stew with Noodles**

Served with Peas or Veg Sticks

**♦ Apple Crumble with Custard** 

## Wednesday

- ♦ Roast Gammon with Roast or Mashed Potatoes
- ♦ Bean and Lentil Loaf with Roast or Mashed Potato Served with Carrots & Cauliflower
- **♦ Starawberry Ice Cream & Berry Compote**

### **Thursday**

- **♦** Beef Lasagne
- **♦ Cheese and Onion Ouiche**

Served with Carrots or Green Beans

♦ Orange Drizzle Cake

### **Friday**

- ♦ Fish Fingers\* with Chips or Pasta
- **♦ Vegetable Nuggets with Chips or Pasta**

Served with Baked Beans or Peas

♦ Home Made Biscuit and Milk